



Vote To Be Heard!



RESIDENT
LEADERSHIP



EMPOWERMENT
PROGRAM



**Illinois Primary
Election Day
June 28, 2022**



**Illinois General
Election Day
November 8, 2022**

★ ★ ★ Register to vote at: ★ ★ ★

<https://ova.elections.il.gov>

Additional Voting Resources

Supportive Housing Resident

- <https://votersguide.elections.il.gov/ContactUs.aspx>
- <https://www.vote.org/polling-place-locator/>
- <https://justfacts.votesmart.org/>
- <https://www.ballotready.org/>

Providers of Supportive Housing & Homeless Services

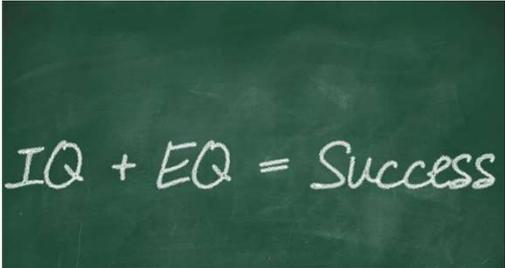
- Search for "Step-by-Step Election Guide for Homeless Service Providers" by United States Interagency Council (USICH) at www.usich.gov
- Search for "Step-by-Step Voting Guide for People Experiencing Homelessness" by United States Interagency Council (USICH) at www.usich.gov
- Search for "Federal Housing Agencies Promote Voting Rights and Access for HUD-Assisted Residents and Homeless Households" by National Low Income Housing Coalition at www.nlihc.org



Emotionally Intelligent
Recovery

1

Emotionally Intelligent



$IQ + EQ = \text{Success}$

2

OBJECTIVES

- What is the difference between EQ and IQ
- What is emotional intelligence (EQ)?
- What are the 5 components of EQ
- How does EQ enhance recovery?

3

IQ VS. EQ

What is the difference between IQ and EQ

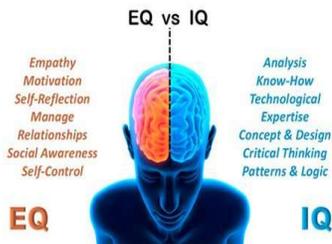
EQ measures an individual's social and emotional competencies. One's ability to recognize one's own and other person's emotional expression.

Conversely, **IQ** measures a person's academic competency and reasoning ability.

4

IQ VS. EQ

What is the difference between IQ and EQ



5

Emotionally Intelligent?

Emotional intelligence (EI) is the capacity for understanding our own feelings and the feelings of others, for motivating ourselves, and for managing our emotions effectively in our relationships and Recovery.

6

Emotionally Intelligent?

Emotional intelligence is sometimes referred to as “people smarts.”

It is not generally included in the type of intelligence evaluation included in the traditional concept of IQ, which mainly focuses conceptual abilities, but it is a very important personal attribute.

7

Emotional Intelligence (EI) Defined

Ability to recognize and understand emotions



Using this awareness to manage yourself and relationships with others

8

Emotionally Intelligent Five Elements?

What are your goals?

9

Emotionally Intelligent Five Elements?

What are your goals?

What are your challenges?

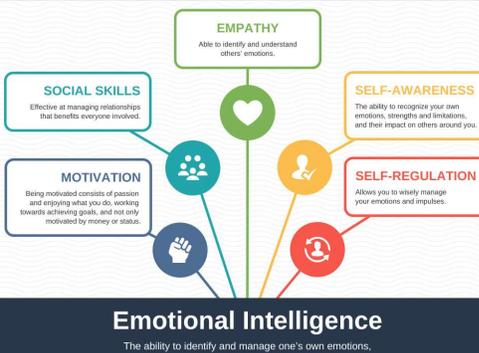
10

Emotionally Intelligent Five Elements?



11

Emotionally Intelligent?



12

Emotionally Intelligent?

Components of Emotional Intelligence

Personal Skills

Self-awareness:
Emotional awareness
Accurate self-assessment
Self-confidence
Self-regulation:
Self-control
Trustworthiness
Conscientiousness
Adaptability
Innovation
Motivation:
Achievement drive
Commitment
Initiative
Optimism

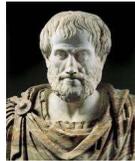
Social Skills

Empathy:
Understanding others
Developing others
Service orientation
Leveraging diversity
Political awareness
Social Skills:
Influence
Communication
Conflict management
Leadership
Change catalyst
Building bonds
Cooperation
Team capabilities

13

Aristotle says,

“Anybody can become angry – that is easy, but to be angry with the right person and to the right degree and at the right time and for the right purpose, and in the right way – that is not within everybody’s power and is not easy.”



14

Emotional Triggers

What are the triggers that make you want to blow an emotional gasket?



http://youtu.be/mC_97F2Zn9k

15

Emotional Red Flags & Breakdowns



16

Becoming Socially Aware

Social Awareness

- Ability to accurately pick up on emotions in other people
- Understand what is really going on
- Understanding what other people are thinking and feeling even if you don't feel the same way

<http://youtu.be/S2XvxDalwCw>

“Resolve to be tender with the young, compassionate with the aged, sympathetic with the striving and tolerant with the weak and wrong. Sometime in your life, you will have been all of these.”

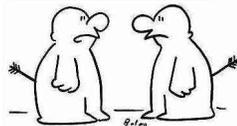


Gautama Buddha

17

Social Awareness Requires Empathy

Empathy is the ability to see the world from another's point of view and to identify and understand another's situation, feelings and motives



"I know exactly how you feel."

18

What does EI have to do with Recovery?

	WHAT I SEE	WHAT I DO
PERSONAL COMPETENCE	Self-Awareness <ul style="list-style-type: none"> •Ability to accurately perceive your own emotions & Triggers. •Stay aware of your emotions as they happen will improve trauma response •Keep on top of how you tend to respond to specific situations and people to help recover from challenges 	Self-Management <ul style="list-style-type: none"> •Ability to use awareness of your emotions to stay flexible and positively direct your behavior in relationships •Managing your emotional reactions to all situations and people
SOCIAL COMPETENCE	Social Awareness <ul style="list-style-type: none"> •Ability to accurately pick up on emotions in other people •Understand what is really going on •Understanding what other people are thinking and feeling even if you don't feel the same way 	Relationship Management <ul style="list-style-type: none"> •Ability to use awareness of your emotions and emotions of others to manage interactions successfully •Ensure clear communication and effective handling of conflict to give & receive support

19

Final Thoughts

“If your emotional abilities aren't in hand, if you don't have self-awareness, if you are not able to manage your distressing emotions, if you can't have empathy and have effective relationships, than no matter how smart you are, you are not going to get very far.”

Dr Daniel Goleman

20

EI Resources

- Websites
 - Talentsmart.com
 - Eiconsortium.org
 - Eisource.com
 - 6seconds.org
- Books / Articles
 - Goleman
 - Emotional Intelligence (1995)
 - Working with emotional intelligence (1998)
 - Bradberry & Greaves: Emotional Intelligence Quick Book
 - Anthony Mersino: Emotional Intelligence for Project Managers
 - Emily Sterrett: Managers' Pocket Guide to Emotional Intelligence

21



IL ABLE

Savings for People with Disabilities

WHAT TYPE OF INVESTOR ARE YOU?

With an IL ABLE account you have choices: You can place your money in the IL ABLE checking account option, one of the investment options, or both! You should ask yourself these four questions to help decide what's best for your disability expense needs.

1. What qualified disability expenses do I want to save for?

- Am I planning to use these funds to pay for ongoing expenses that require easy access to funds on a regular basis? Example: Weekly therapy or extra job coaching.
- Am I looking to save funds for a rainy day? Example: I get laid off from my job.
- Am I saving for a larger, more expensive item that may require a longer savings timeline? Example: A new place to live or an accessible vehicle.
- Do I want to use the funds for all of the above?
IL ABLE accounts can be used to save for qualified disability expenses you have regularly, for emergencies, for future expenses, or for a combination of all of these.

2. When will I need the money?

- What expenses do I need to pay for today, tomorrow, next week or next month? These are called short-term expenses.
- What expenses do I want to save for down the road, perhaps in 1-3 years? These are called medium-term expenses.
- What expenses do I want to save for in the longer term? Example: over the next four years or more. These are called long-term expenses.

When thinking of savings and investing, think about your short-term, medium-term and long-term qualified disability expenses. This can help you decide whether and which of the checking or investment options are right for your IL ABLE account.

3. What is risk?

Risk is any uncertainty in the financial markets, now or in the future, that has the potential to negatively affect the money you invested. When you invest your money in the investment options, the investment values might rise or fall because of changes in market conditions, which means that your account balance could increase or decrease. This is not the case in the IL ABLE checking account option. In the IL ABLE checking account option, your funds are insured by the Federal Deposit Insurance Corporation (FDIC) and are not exposed to market fluctuations.



@TreasurerMichaelFrerichs



@ILTreasurer



illinoisABLE.com

4. What is my risk tolerance?

Ask yourself, "How will I feel if the value of my IL ABLE account balance changes because financial markets are going up or going down?" Your answer to this question will help you determine your "risk tolerance." This means the degree to which you, the investor, are comfortable with your invested money increasing or decreasing because of fluctuations in the financial markets.

Think about the short-term, medium-term and long-term qualified disability expenses that you are saving for and decide when you will want to use the money in your IL ABLE account. This will help you decide what your risk tolerance is and will influence which IL ABLE investment option, or options, you choose.

MATCH YOUR INVESTMENT CHOICES WITH YOUR NEEDS, YOUR TIMING, AND YOUR RISK TOLERANCE

Below are some examples of how some hypothetical Account Owners go through the process of matching their needs with their timing and risk tolerance in making their investment and/or checking option choices:

John needs a new computer.

John's short-term goal is to save enough money to buy a computer at the end of the year. He will not be comfortable with the possibility of the value of his investment going down between now and the time he buys the computer. John's risk tolerance could be described as low. Based on his needs, timing and risk tolerance, John is considering the Conservative investment option, the Moderately Conservative investment option and the checking account option.

Anne wants a new wheelchair in a few years.

Anne's goal is to buy a new wheelchair in about three years and she wants to begin saving for it now. She hopes to see the value of her investment grow steadily so that she can pay for a new wheelchair but understands this is not guaranteed. Anne decides that she has moderate risk tolerance for the potential ups and downs of the financial markets and that a combination of stocks and bonds will best fit her needs, timing and risk tolerance. Anne is considering the Moderate investment option, the Growth investment option, the Moderately Aggressive investment option or a combination of those options.

Lisa's parents are investing for down the road.

Lisa is a toddler with a disability whose parents want to grow her IL ABLE account to use after she finishes high school. Lisa's parents are comfortable with potentially big swings in the financial markets and know that prices may fluctuate a lot over the long term. They consider themselves to have high risk tolerance, and they are considering contributing their funds to the Moderately Aggressive investment option and the Aggressive investment option, where there is a higher chance for fluctuation in the account value both up and down, but also a higher chance of returns over the long term.

REMEMBER, ONLY YOU CAN DECIDE YOUR OWN INVESTMENT RISK TOLERANCE.

The Illinois Achieving a Better Life Experience (IL ABLE) plan is sponsored by the State of Illinois and administered by the Office of the Illinois State Treasurer. IL ABLE is designed to be a qualified ABLE plan offered through the National ABLE Alliance. Ascensus College Savings Recordkeeping Services, LLC, the Program Manager, and its affiliates, have overall responsibility for the day-to-day operations, including investment advisory, recordkeeping and administrative services for IL ABLE.

Accounts in IL ABLE are not guaranteed or insured by the State of Illinois, the state administrator, the Trust, IL ABLE or the Program Manager. IL ABLE offers investment options across the risk spectrum from Conservative to Aggressive. Except for the checking account option, investments in the IL ABLE plan are not insured by the FDIC. The Checking Option offers FDIC insurance up to \$250,000, subject to certain restrictions. Interests in IL ABLE are municipal securities and the value of your account will vary with market conditions and the performance of the investment options you choose. Account owners assume all investment risks as well as responsibility for any federal and state tax consequences. Participation in the IL ABLE plan does not guarantee that contributions and the investment return on contributions, if any, will be adequate to cover future expenses or that an Account Owner is eligible to participate in the IL ABLE Plan.

Before investing in any ABLE plan, you should consider whether the state in which you reside or pay taxes offers an ABLE plan that provides its taxpayers with favorable state tax or other benefits that are only available through investment in the home state's ABLE plan. You also should consult your financial, tax, or other adviser to learn more about how state-based benefits, or any limitations, would apply to your specific circumstances.

This material is provided for general and educational purposes only, and is not intended to provide legal, tax or investment advice, or for use to avoid penalties that may be imposed under federal or state tax laws. This material is not an offer to sell or a solicitation of an offer to buy any securities.



@TreasurerMichaelFrerichs



@ILTreasurer



illinoisABLE.com



Frequently Asked Questions

What does ABLE mean?

ABLE stands for “Achieving a Better Life Experience” and refers to savings and investment accounts that give people with disabilities and their families greater financial independence while preserving benefits. A high-quality, low-cost IL ABLE account can be opened by an eligible individual, or Authorized Individual, at any time, no matter what state you live in. IL ABLE Account Owners can save and invest their private funds without losing, or losing access to, federal means-tested benefits, such as SSI, SSDI and Medicaid.

Who is eligible to own an IL ABLE account?

A person with a disability is eligible to own an ABLE account if 1) the disability was present before the age of 26, and 2) the person is entitled to receive SSI or SSDI benefits or has a similarly severe disability certified in writing by a licensed physician. A person with a disability can open an IL ABLE account or an Authorized Individual can open it on the person’s behalf by providing authorizing documentation.

Will I lose SSI, SSDI or Medicaid if I have an IL ABLE account?

No. You will not lose, or lose eligibility for, federal benefits including SSI, SSDI, Medicaid and HUD. If you are an SSI recipient, you can save up to \$100,000 in your IL ABLE account and still receive your monthly SSI benefits. At \$100,000 SSI benefits are temporarily suspended until the account balance falls below \$100,000, and benefits resume. Account Owners will not have to reapply for SSI benefits. Even if the ABLE account exceeds \$100,000, beneficiaries will not lose Medicaid benefits.

What are the financial benefits of owning and contributing to an IL ABLE account?

Earnings and withdrawals on IL ABLE accounts are tax-free if they are used for qualified disability-related expenses. Eligible Illinois taxpayers can contribute to any IL ABLE account and take a state tax income tax deduction - up to \$10,000 if filing as an individual or \$20,000 if filing jointly. Consult with a tax advisor to discuss your specific situation.

What is a qualified disability-related expense?

A qualified disability expense is any expense related to the individual’s disability. The U.S. Treasury has indicated that the list of qualified disability expenses is not exhaustive and includes the following: • Education • Housing • Transportation • Employment training and support • Assistive technology • Personal support services • Health, Prevention and Wellness • Financial Management • Administrative services • Legal fees • Expenses for oversight and Monitoring • Funeral and burial expenses.

How much can I contribute to an IL ABLE account?

The annual contribution limit, in total, to an ABLE account is \$16,000. This amount includes all contributions from Account Owners, family members, friends and other third parties. Anyone can contribute to an IL ABLE account, as long as total contributions do not exceed the \$16,000 per year. If an Account Owner is working, he or she can contribute an additional amount based on what the IRS allows.



@TreasurerMichaelFrerichs



@ILTreasurer



illinoisABLE.com

Can I work if I have an IL ABLE account?

Working Account Owners who do not already participate in an employer-sponsored retirement plan can contribute an additional amount above the annual \$16,000 contribution limit, equal to gross wages for the year or the poverty guidelines amount, whichever is lower. An IL ABLE account gives Account Owners incentive to work because earnings can be contributed, with limitations, to the account without worry about exceeding the asset requirement of federal means-tested benefits programs.

What about Medicaid recovery, also known as the “Medicaid claw back”?

Under Illinois law, pursuant to a payable on death agreement, assets in an IL ABLE account may be transferred to another ABLE-eligible individual without being distributed to the Account Owner’s probate estate after funeral and burial expenses are paid. The agreement must be executed prior to the death of the Account Owner. In Illinois, if the ABLE-eligible individual is a sibling, the transfer will be direct without tax consequences and should avoid probate costs, probate creditors and Medicaid recovery.

Can I roll over a 529 College Savings account into an ABLE account?

Yes. A roll over from 529 College Savings into an ABLE account can be made for the same beneficiary or for a member of the family of the 529 College Savings account beneficiary. For more information, consult the IL ABLE Plan Disclosure Statement at illinoisABLE.com.

Do I have to live in Illinois to open an IL ABLE account?

No. Any qualified individual may open an IL ABLE account no matter what state he or she lives in. However, before enrolling in any other state’s ABLE plan you should consider your state’s plan first in case there are tax or other advantages to opening an account in your state. For example, Illinois taxpayers can contribute to any IL ABLE account and take a state tax income tax deduction – up to \$10,000 if filing as an individual or \$20,000 if filing jointly. Consult with a tax advisor to discuss your specific situation. Remember, you may only own one (1) ABLE account no matter what state’s ABLE plan you are enrolled in.

Can I have a Special Needs Trust (SNT) and an IL ABLE account?

Yes. An Account Owner can have an IL ABLE account AND be the beneficiary of a Special Needs Trust.

Where do I go to open an IL ABLE account?

Visit our ADA compliant website illinoisABLE.com or call IL ABLE at 888-609-8683. The IL ABLE Call Center is available 8am – 5pm, Monday through Friday CT and provides support for non-English speakers as well as deaf and hard-of-hearing callers.

For detailed information, please read the Plan Disclosure Documents available at illinoisABLE.com.

The Illinois Achieving a Better Life Experience (IL ABLE) plan is sponsored by the State of Illinois and administered by the Office of the Illinois State Treasurer. IL ABLE is designed to be a qualified ABLE plan offered through the National ABLE Alliance. Ascensus College Savings Recordkeeping Services, LLC, the Program Manager, and its affiliates, have overall responsibility for the day-to-day operations, including investment advisory, recordkeeping and administrative services for IL ABLE.

Accounts in IL ABLE are not guaranteed or insured by the State of Illinois, the state administrator, the Trust, IL ABLE or the Program Manager. IL ABLE offers investment options across the risk spectrum from Conservative to Aggressive. Except for the checking account option, investments in the IL ABLE plan are not insured by the FDIC. The Checking Option offers FDIC insurance up to \$250,000, subject to certain restrictions. Interests in IL ABLE are municipal securities and the value of your account will vary with market conditions and the performance of the investment options you choose. Account owners assume all investment risks as well as responsibility for any federal and state tax consequences. Participation in the IL ABLE plan does not guarantee that contributions and the investment return on contributions, if any, will be adequate to cover future expenses or that an Account Owner is eligible to participate in the IL ABLE Plan.

Before investing in any ABLE plan, you should consider whether the state in which you reside or pay taxes offers an ABLE plan that provides its taxpayers with favorable state tax or other benefits that are only available through investment in the home state’s ABLE plan. You also should consult your financial, tax, or other adviser to learn more about how state-based benefits, or any limitations, would apply to your specific circumstances.

This material is provided for general and educational purposes only, and is not intended to provide legal, tax or investment advice, or for use to avoid penalties that may be imposed under federal or state tax laws. This material is not an offer to sell or a solicitation of an offer to buy any securities.

Testimonials may not be representative of the experience of other customers and is no guarantee of future performance or success. For more information about IL ABLE, call (888) 609-8683, or visit <https://illinoisable.com> to obtain Plan Disclosure Documents, which include investment objectives, risks, charges, expenses, and other important information about IL ABLE.

Headline + One-liner

Action Alert: Support the ABLE Age Adjustment Act

Contact your legislators and tell them to support expanding eligibility to ABLE accounts for more people with disabilities

Blurb

Currently, only individuals who have a qualifying disability that started before age 26 are eligible to open an account in an Achieving a Better Life Experience (ABLE) plan, a savings and investment account for people with disabilities to save for disability-related expenses. If passed, the ABLE Age Adjustment Act would raise the age of eligibility to those have a qualifying disability before age 46. We need your help! Please contact your legislators and ask them to support **ABLE Age Adjustment** as part of **the Enhancing American Retirement Now – or EARN – Act**.

Letter

Please Support the ABLE Age Adjustment Act

Dear _____,

As your constituent, I am reaching out to ask that you support (sponsor) the ABLE Age Adjustment, which is included in the Enhancing American Retirement Now – or EARN - Act. People with disabilities in Illinois who receive vital government benefits like SSI or SSDI, have been restricted in how much they can save without the fear of losing these life-sustaining resources. ABLE accounts remove that barrier and allow people with disabilities to save money without the fear of losing government, means-tested benefits.

In addition, ABLE (Achieving a Better Life Experience) accounts are designed to enable individuals with disabilities to save for and pay for disability-related expenses. ABLE accounts allow people with disabilities and their families to plan for the future, promote independence and social inclusion, and enhance quality of life.

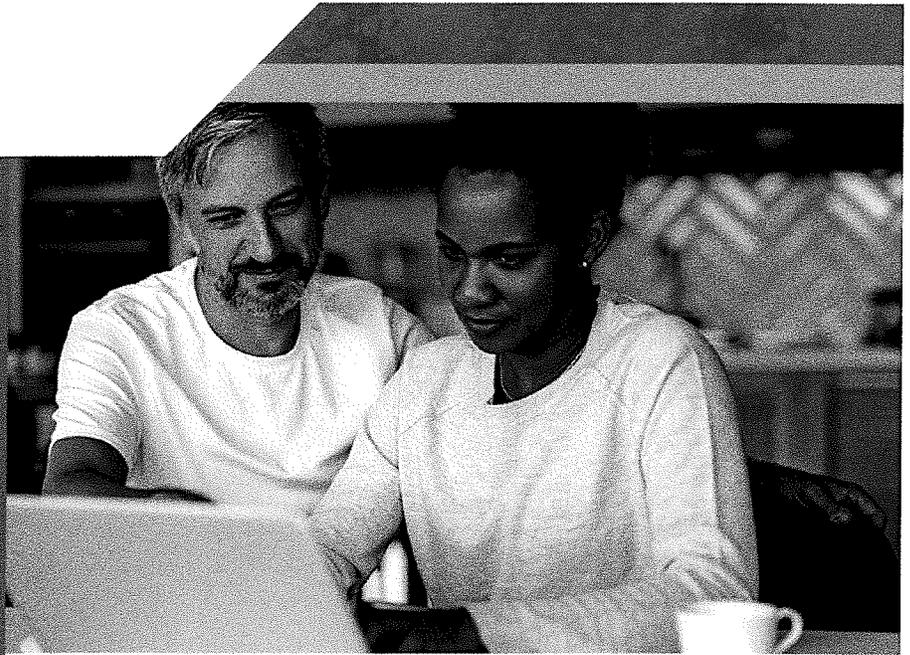
Currently, ABLE accounts are only available to those who acquire their disability prior to their 26th birthday. ABLE Age Adjustment as part of the EARN Act would lift the age cap on ABLE savings accounts from 26 to 46, providing millions of Americans who acquired disabilities after age 26, including many veterans with disabilities, the opportunity to save. This is important because the onset of some conditions that cause disability often occurs after age 26, and diseases and conditions, such as multiple sclerosis, Lou Gehrig's disease, mental illness, and traumatic physical injuries, know no age limit, yet they significantly impact the lives of individuals and their families. Increasing the age limit for ABLE accounts would allow these individuals to save for the additional expenses that come with having a disability.

Please support this legislation and expand access to ABLE accounts for more people with disabilities.

Thank you.



STEPS YOU CAN TAKE TO MANAGE ENERGY BILLS



Global Increase in Energy Costs Continue to Impact Ameren Illinois Customers

Significant global events, including the conflict in eastern Europe, an increase in post-pandemic demand, increasing natural gas prices which are strongly correlated with power prices, and the nationwide transition away from fossil fuel generation to renewable generation sources are driving higher costs for the power and natural gas Ameren Illinois delivers to heat, cool, and power homes and businesses in Downstate Illinois. We want you to be aware that the supply portion of the energy bill is estimated to increase substantially (from current levels) beginning in June of 2022. Customers who use electric heat (often referred to as space heat customers) will see an even steeper increase.

Electricity is purchased for Ameren Illinois customers by a state agency and the costs are passed directly to customers, dollar for dollar without markup from Ameren Illinois. Experts expect inflationary pressures on the cost of energy, which Ameren Illinois passes on directly to our customers without markup, to continue through 2022.

Now is a good time to plan ahead. Below are programs that may help you manage your energy bills and control your household costs.

Budget Billing allows you to spread your energy costs over a longer period and avoid larger monthly bills. Under the payment plan, your bills are calculated using the average monthly bill amount based on the last 12 months. Enroll in Budget Billing at any time by signing up online at AmerenIllinois.com/Budget.



Low Income Home Energy Assistance Program grants are available to income-qualified customers. For more information on financial guidelines, and to identify an assistance agency in your community, visit HelpIllinoisFamilies.com or call **1.833.711.0374**.

Warm Neighbors Cool Friends is a year-round heating and cooling assistance program that can help if you don't qualify for financial assistance from other government or nonprofit programs. Learn more at WarmNeighborsCoolFriends.org.

Energy Efficiency Reducing the amount of energy you use will also help to lower your bill. See low cost and no cost energy savings tips and tools on the back of this flyer. Visit AmerenIllinoisSavings.com/Tips for more information.

*We are here to help. Visit AmerenIllinois.com or call **1.800.755.5000** and our customer service representatives will assist you.*



Stay Cool This Summer with These Simple Energy-Saving Tips

Don't Cool an Empty House

When you leave for that summer vacation, remember to turn up the thermostat to 85-90°F so you don't cool your home when no one is there to enjoy it.

Concentrate Your AC

When it is too hot to use fans, try to concentrate your air conditioning flow to the rooms or areas of your home that you use the most. This is more energy-efficient than trying to cool your entire home. Close the vents in those rooms you don't frequently use, like spare bedrooms and the basement and only open them when you need them.

Replace Your AC Filter

Your air conditioner has likely accumulated a lot of dust from being dormant in the winter, so replace your AC filter before you start cooling your home. This will not only help the AC unit be more efficient, but it will also help keep the air free of dust.

Upgrade to a Smart Thermostat

If you haven't upgraded to a smart thermostat, now is the time to do so. These thermostats can change the temperature automatically based on your preferences, so you can set a lower temperature when you're home and a higher temperature while you're away at work.

Upgrade Your Cooling Units

Because older appliances tend to be less efficient, it might be time for you to upgrade to a newer, more energy efficient AC unit. We provide discounts and incentives for customers who want to upgrade to more energy efficient HVAC systems.

Add Natural Lighting

During spring the days get longer, so you don't need to use your indoor lights as much. Let the sunshine in by opening the shades and curtains and turn off the lights to enjoy natural lighting.

Use Floor and Ceiling Fans

On those nice days when it doesn't feel as hot, turn off your AC and use ceiling, floor and table fans instead. Fans use a fraction of the energy that central AC units do — so when the job can be done by a fan, pick the fan.

Switch Your Ceiling Fans

If you changed the direction of your ceiling fans to go clockwise this winter, it's time to switch them back. When your fans rotate counter-clockwise, it creates a downward flow of air so you feel cooler. Simply flip the switch (usually located at the base of your ceiling fan) to help lower your energy bill.

Plant Trees Outside for Shade

Plant deciduous trees on the south-facing side of your home to provide shade in the spring and summer. When the trees lose their leaves, the sun will shine through and warm your house in the fall and winter.

Put Up Window Awnings

Window awnings are a great way to keep your home cool during warm spring days. Adding shade to your windows can decrease the amount of warm sunlight that travels through your windows, making it easier to keep your home cool.

Open Your Windows

Take advantage of cool nights by opening the windows at night to let the cool air in, then closing them during the day to keep the warm air out. It's a simple way to cool your home without running your air conditioner.

Get a Dehumidifier

Illinois summers are known for their humidity, so combat it with a dehumidifier. Reducing the amount of moisture in the air can make your home seem cooler, without having to turn on the AC.

For even more tips, tools and incentives, visit AmerenIllinoisSavings.com.



SHOP ONLINE & SAVE

Find LEDs, Smart Thermostats, and more at discounted prices —

Shop AmerenIllinoisSavings.com/Store

We're making it even easier to save energy and money. You can now purchase discounted energy-efficient products through our Online Store.

Save on LED Lighting

Lighting accounts for 20-50% of the average business' electricity consumption. One of the fastest ways to save is by making the switch to ENERGY STAR® certified LED specialty light bulbs.

Save on Lighting Controls

A lighting control sensor will automatically turn on lights when someone enters a room and turn them off after someone has left. Save energy and money by making the switch.

Save on Smart Thermostats

With the help of a smart thermostat, you may experience energy savings of 10-15%. A qualifying customer can also get a \$100 instant rebate* when purchasing a new ENERGY STAR certified smart thermostat!

Save Energy with Advanced Power Strips

Reduce the amount of standby power consumed by electronics when you purchase an advanced power strip.

RECEIVE FREE SHIPPING ON ALL ONLINE ORDERS —

Shop AmerenIllinoisSavings.com/Store

*Customer must be an Ameren Illinois non-residential electric customer. Smart thermostats are for single-zone HVAC systems, between 1.5 to 5 tons. Online Store limit of two smart thermostats per eligible account.



ENERGY EFFICIENCY
PROGRAM